

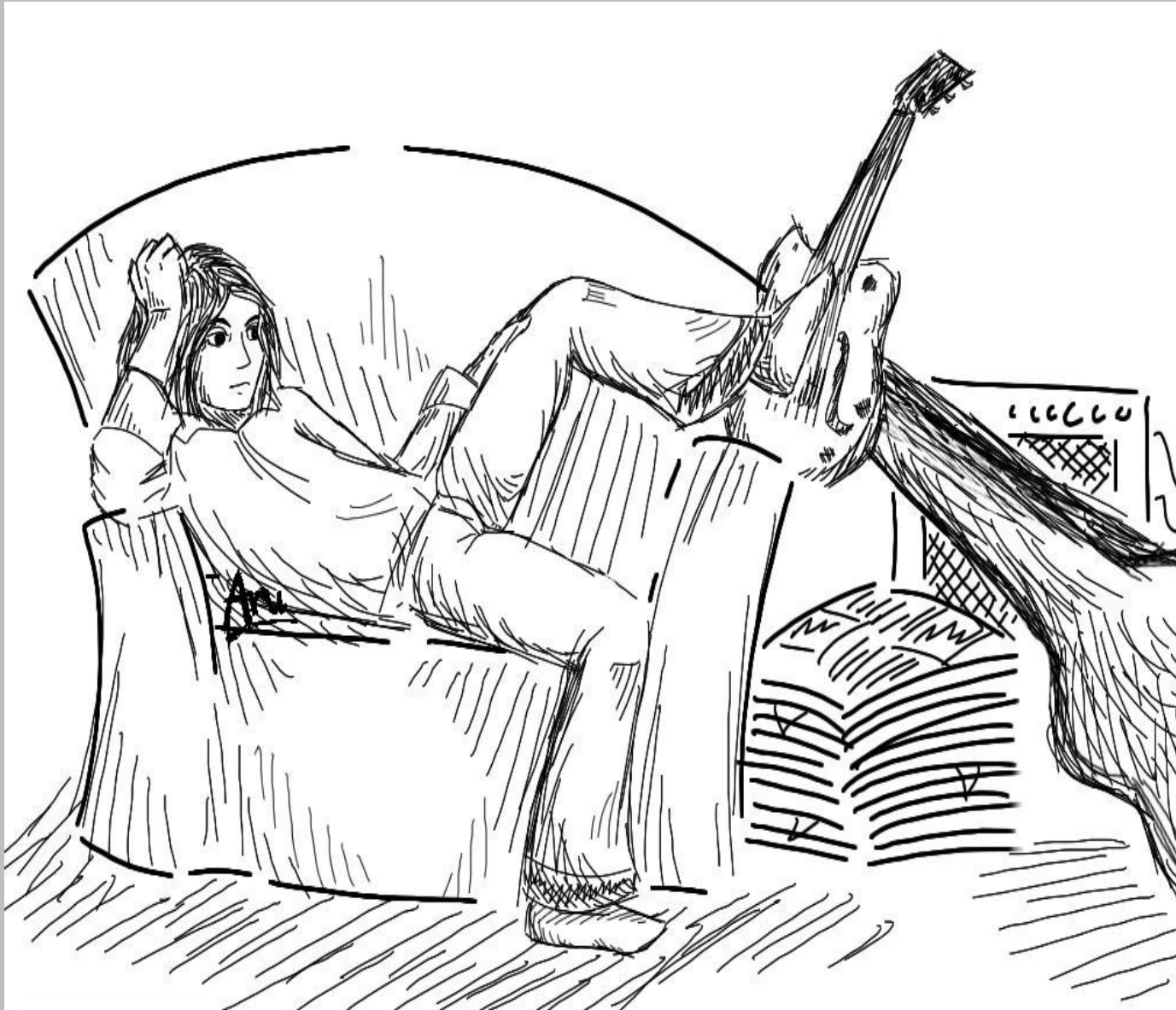
Adolescentes e suas emoções – Damos a atenção necessária?



PLANO DA PALESTRA

- Apresentação
- Adolescência e família
- Perfis de parentalidade
- Tempo disponível para filhos
- Considerações finais

ADOLESCÊNCIA





PARENTALIDADE



USO DE TABACO E ESTILO PARENTAL

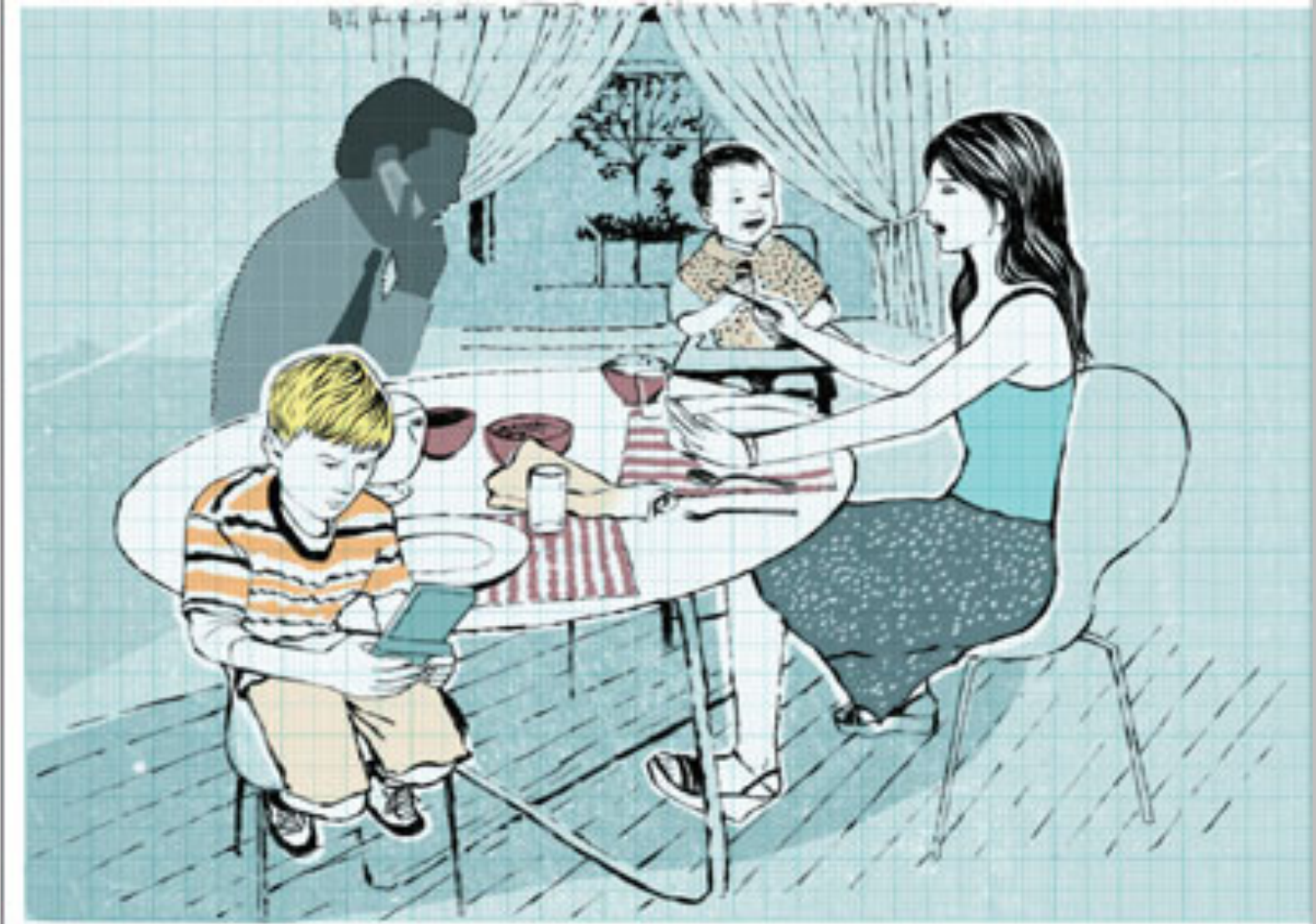


A large blue arrow pointing to the right, containing text about parenting styles and tobacco use. The text is arranged from left to right, following the curve of the arrow. The styles listed are Autoritativos, Autoritário (1,38), Indulgente (2,76), and Negligente (3,26). A small circle is located below the arrow.

Autoritativos	
Autoritário	(1,38)
Indulgente	(2,76)
Negligente	(3,26)

Fonte: Tondowski, 2013

FAMÍLIA



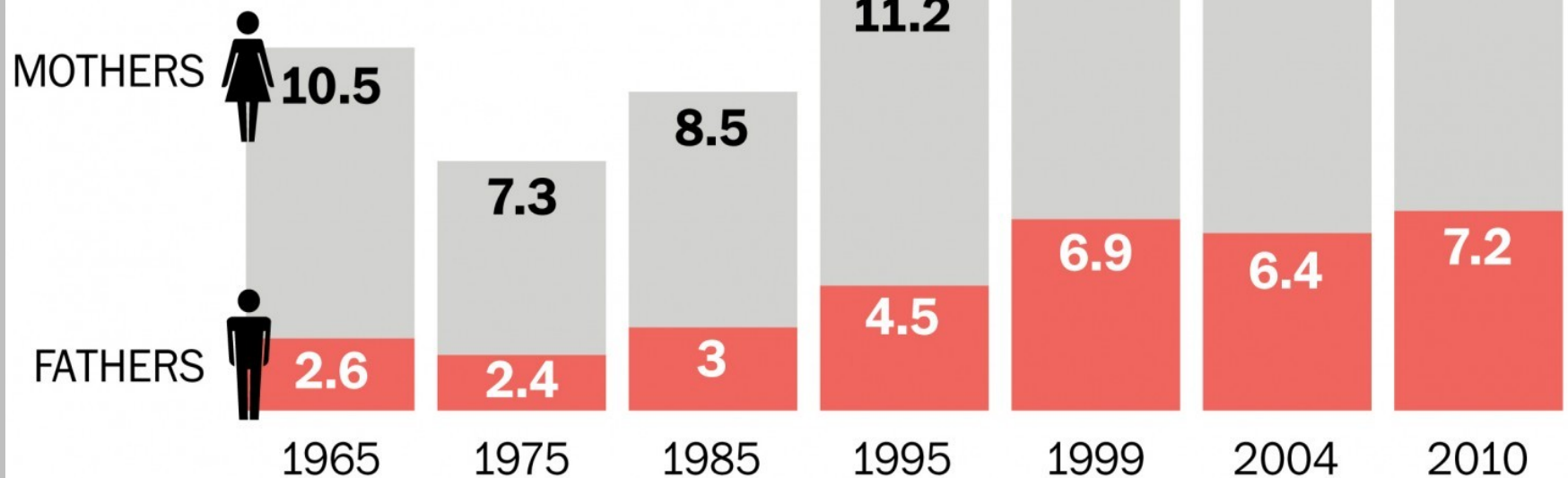
Damos a atenção necessária às emoções dos adolescentes?



TEMPO INVESTIDO EM NOSSOS FILHOS

Spending time with the kids

The average number of hours parents spent with their children each week rose since 1985.



Source: Journal of Marriage and Family

THE WASHINGTON POST

PARENTAGEM INTRUSIVA

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DOES “HOVERING” MATTER? HELICOPTER PARENTING AND ITS EFFECT ON WELL-BEING

Terri LeMoyne
Tom Buchanan

Department of Sociology, University of Tennessee at Chattanooga,
Chattanooga, Tennessee, USA

The phenomenon popularly referred to as helicopter parenting refers to an overinvolvement of parents in their children’s lives. This concept has typically been used to describe parents of college-aged young adults. Despite much anecdotal evidence, little is known about its existence and consequences from an empirical perspective. Using a sample of college students at a university in the United States (N=317), the exploration and measurement of this concept is examined. Results of factor analysis of helicopter parenting items constructed for this study support the use of the scale. Results suggest helicopter parenting is negatively related to psychological well-being and positively related to prescription medication use for anxiety/depression and the recreational consumption of pain pills.

TEMPO DISPONIBILIZADO vs PREVENÇÃO

Journal of Marriage and Family



MELISSA A. MILKIE *University of Toronto*

KEI M. NOMAGUCHI *Bowling Green State University**

KATHLEEN E. DENNY *University of Maryland***

Does the Amount of Time Mothers Spend With
Children or Adolescents Matter?

RESPOSTA: DEPENDE!



OBRIGADO!

murilobattisti@uol.com.br